Thank you for your booking enquiry.

**Course title:**  21 Day Online Natural Mindfulness Guide Training.

**Starting date:** Saturday

day 17th June 2023.

**Please note:** You are not required to attend this programme every day. It is designed to allow you to drop in and out. There will be a schedule of video assignments and 4 LIVE broadcasts each weekend. All LIVE broadcasts will be recorded and available to watch in your own time. Successful completion of this course will enable you to practice as a Natural Mindfulness guide. My courses are accredited by the International Mindfulness and Meditation Alliance IMMA.

**Finish date:** Friday 7th July 2023.

**Non-UK Resident’s Course Fee & Payment Details**

Please make payment using the relevant bank details below:

**Europe 95 EUR – Wise Europe SA, Avenue Louise 54, Room S52 Brussels 1050, Belgium.**

Account Holder: **Cotswold Natural Mindfulness**

IBAN: **BE35 9670 2900 0437** BIC: **TRWIBEB1XXX**

**USA 110 USD – Wise 19 W 24th Street, New York, NY 10010**

Account Holder: **Cotswold Natural Mindfulness**

Routing Number: 084009519

Account number: **9600000000138819** \*Account type *‘Checking’*

**Australia – 150 AUD Wise 36-38 Gipps St, Collingwood, Victoria 3066**

Account Holder: **Cotswold Natural Mindfulness**

Account number: **913756272** BSB Code: **802-985**

\*\**Contact me if you require further support with payment options\*\**

Please add booking details below then email/send a copy of this form to:

[ian@natureconnection.world](mailto:ian@natureconnection.world)

*Name: Email:*

*Address:*

On receipt of your payment and booking form you will be allocated a place on this course. Within 4 weeks of the course start date you will receive a welcome email inviting you to join the ‘private’ course community group. Please make sure you add your address clearly so I can post you a free copy of my book, **Natural Mindfulness** – *your personal guide to the healing power of nature connection.* Due to difficulty with Belgian customs I am not currently able to post books to Belgium.

I look forward to welcoming you to the course soon.